



## Dietary 3 and 6 Fatty Acids: Biological Effects and Nutritional Essentiality

By -

Springer. Paperback. Book Condition: New. Paperback. 452 pages. Dimensions: 10.0in. x 7.0in. x 1.1in. On June 24-26, 1985, a major International Conference on the Health Effects of Polyunsaturated Fatty Acids in Seafoods was held in Washington, D. C. The conference had two objectives: (1) to review the research data on the health effects of polyunsaturated fatty acids in seafoods in terms of the impact of omega-3 fatty acids on eicosanoid formation, thrombosis and inflammation, and the role of docosahexaenoic acid in membrane function and metabolism, and (2) to develop a research agenda to determine the spectrum of the health effects of polyunsaturated fatty acids of seafood origin in the American diet. The 1985 conference established the fact that omega-3 fatty acids of marine origin - eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) - play important roles in prostaglandin metabolism, thrombosis and atherosclerosis, immunology and inflammation, and membrane function. In response to the conference recommendations, the Congress of the United States provided special funding for the establishment of a test materials laboratory within the US Department of Commerce to produce under documented quality control the types and quantities of omega-3 test materials required by biomedical researchers. The forms of test materials...

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