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Eating Up Italy: Voyages on a Vespa

By Matthew Fort

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Eating Up Italy: Voyages on a Vespa, Matthew Fort, Italy's tumultuous history can be traced through its food. In an epic scooter trip from the Ionian Sea to the far north, distinguished food writer Matthew Fort explores the local gastronomy and culinary culture of a country where regional differences are vibrantly alive. In no other country is food so much a part of everyday life as it is in Italy. Matthew Fort's plan is a simple one: to travel by scooter from Melito di Porto Salvo - the southernmost town in Italy and where Garibaldi landed in 1860 to begin his conquest of Naples - to Turin in the north, eating drinking, talking and noting as he goes. Passing through Calabria - rich in spices, Arabian-influences of almonds and dried fruits, as well as Spanish chocolate (Fichi al Cioccolato, mostacciolo) - and on to Campania - from where the historic Nepalese pizza has become infamous - Fort discovers the rich connection between historical tradition and cuisine. The Italian genius for combining abundance and thrift is evident from the economy of the mountainous and sparse landscape of Molise, where much use is made...


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