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By Deborah Merlin

Book Publishing Company, United States, 2015. Paperback. Book Condition: New. 216 x 137 mm. Language: English . Brand New Book. The government estimates that 2.5 million American children and 1.5 million adults take medication for ADHD. This booklet examines how ADHD can be caused by numerous environmental factors such as food coloring, exposure to toxic elements, artificial sweeteners, vaccines and food that contains gluten and dairy. The thyroid gland can also impact behavior, especially in children who have hyperthyroidism which produces symptoms similar to ADHD. The author evaluates the side-effects of common ADHD medications and presents alternative solutions such as homeopathic and naturopathic treatments that include nutrition improvement, craniosacral therapy, vitamin supplementation, herbal therapies and acupuncture. Also listed are a series of medical tests that can indicate physical ailments that have a direct effect on ADHD.



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